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Kathmandu Lhasa Everest Base Camp Tour is a popular trip to Tibet. It offers you an exciting and fantastic vacation as well as an in-depth knowledge of the unique culture of the inhabitants, their religions, and their lifestyles. The tour will surely offer you some of the most beautiful landscapes, Tibetan villages, enchanting views of the Himalayas, and much more. The tour offers many opportunities to explore Lhasa, the monasteries and many small villages

Highlights of 8 Days Lhasa Everest base camp tour

- ❖ The peaceful countries of the Himalayas will spiritually enrich you
- ❖ You will visit Potala Palace, Sera Monastery, Jokhang Temple and Drepung Monastery
- ❖ Panoramic flight to the city of Lhasa from Kathmandu
- ❖ Explore the local market on Barkhor Street and buy souvenirs
- ❖ A scenic route from Lhasa to Everest base camp via Gyantse, Shigatse, and Rongbuk
- ❖ Enjoy the breathtaking view of the Yollong river beds from one perspective
- ❖ Enjoy the breathtaking view of mountain passes such as Gampa La, Kora La, and Gyatchula Pass.
- ❖ Visit the Rongbuk Monastery in Rongbuk and the Philkor and Kumbum Monastery in Gyantse
- ❖ Explore Everest Base Camp and enjoy the sunrise and sunset over the Himalayas up close
- ❖ Breathtaking views of landscapes, lakes, and rivers on the way to Everest base camp

About Lhasa Everest Base Camp Tour

Visiting the Lhasa Everest base camp will give you an unforgettable experience on the roof of the world. It shows you the beauty of the Himalayas and its ancient lakes, glaciers, as well as the culture of the sherpas and Tibetan peoples. Lhasa, being the heart of Tibet, shows you the most valuable places in Tibet.

During your trip in Lhasa, you will enjoy visiting many monasteries, temples, and dzong, which are the major attraction of Tibetan. Much historical significance, objects, and paintings of historical and cultural importance are preserved in these places. They give you wonderful spiritual experiences with lovely images, mandalas, and mantras. In the streets of Lhasa city, you will try different traditional and modern cuisines and buy souvenirs. Finding some kind of culture while strolling through these colorful and vibrant streets is a great way to refresh your mind and forget about worries. In addition to cultural exploration, tours of Lhasa Everest base camp will relax you with the serene beauty of the surrounding mountains and scenery.

On the way to Everest base camp, there are many mountains, lakes, meadows, and magnificent rivers. The road crosses the mountain, giving you a surreal view of the landscape, sunrise, and sunset. Witness the beauty of sunrise and sunset over the Snowy Mountains on the best tours of Lhasa Everest base camp.

Getting from Tibet to Everest Base Camp is more comfortable and more convenient than getting from Nepal. You don't have to go through days of trekking under challenging conditions to get to Everest Base Camp. You can travel quietly; enjoy the beautiful scenery on the way. As you walk through the Tibetan countryside, you can get to know their lifestyle up close. Therefore, the tour to Lhasa Everest base camp offers a dream vacation experience.

We have designed the Lhasa Everest Base Camp tour package to offer you the most comfortable and hassle-free holiday. We bring you an in-depth knowledge of the culture, places, and everything related to Tibet.

Details Itinerary

Day 01: Welcome to Lhasa airport and transfer to the hotel

You arrive in Lhasa by direct flight from Nepal or mainland China. If you decide to travel from Nepal, you will enjoy the one-hour Himalayan flight over Everest (8,848 m), Kanchenjunga (8,536 m), and other Himalayan peaks and glaciers. If you choose to travel to Lhasa through mainland China, we can travel from major Chinese cities or take the world's highest railway line to Lhasa. Upon arrival in Lhasa, our representative will welcome and take you from the airport or train station to your hotel in Lhasa. You will rest a lot during the day to reduce altitude sickness.

Day 02: Sightseeing tour around Lhasa city

After breakfast, you will start visiting Lhasa in the beautiful palaces of Potala and Norbulinka, known as Winter Palace and Summer Palace of Dalai Lama. Built-in the 17th century, Potala Palace offers stunning views of the entire city and location is in the particular districts of the Dalai Lama. Norbulingka Palace is considered the most extensive artificial garden in Tibet. Then you will visit the traditional Tibetan Hospital, which is the Center for treatment, training, research, and production of Tibetan medicine.

Meals include: Breakfast

Day 03: Continue sightseeing around Lhasa

After having early breakfast, you will visit Drepung Monastery, Jokhang temple, Sera monastery, and Barkhor Bazaar. The Drepung Monastery, built in the fourteenth century, is considered the largest monastery in the world and once housed 10,000 monks, but has declined significantly so far, numbering only a few hundred. The Culture, history, and religious beliefs of the Tibetan people are strongly intense in this wonderful monastery. Sera monastery is a protected monastery with white walls and Golden ceilings. The main attraction of the visit to this monastery is the dispute of the monks that takes place every day from 3-5 pm except Sundays. Jokhang Temple is another important sacred place that reveals the deepest mysteries of Tibetan Buddhism. Inside, you can see a statue of Buddha Sakyamuni at the age of twelve. You will go further in the Barkhor

Bazaar. With a large number of open stands shops and travelers, this is the nerve center of Lhasa.

Meals include: Breakfast

Day 04: Drive to Shigatse from Lhasa and sightseeing to the Tashi Lumpo monastery.

After having breakfast, you will begin your journey to Shigatse, passing through the 5 km long neemu Valley on the banks of the Brahmaghat River. The Valley has a county seat and is the main agricultural area of the county. In Shigatse, the Tanshi Lanpo monastery, which is houses of the Panchen Lama, was founded in 1447 by the first Dalai Lama, Gendun Drup. The monastery is located on a hill in the city center of Shigatse, the second-largest city in Tibet.

Meals included: Breakfast

Day 05: Road Drive to Rongbuk from Shigatse via Sakya monastery

After having breakfast, you will start your trip to Rombuk through some beautiful villages and get the first view of Mount Everest from The Walking distance to the guyatso La pass.

Along the way, you will visit the Shakya Monastery, also known as Pel Sakya, the ancestral Temple of the Sakya branch of Tibetan Buddhism, which gives access to the teachings of the Buddha. After visiting Shakya monastery, continue to Rongbook. Beyond the Lalung La pass, you reach the rongbook monastery at the foot of the mighty Everest, and it is the highest monastery in the world. During your stay here, you also enjoy the breathtaking views of the mountain that surrounds us, including a breathtaking view of the North Face of Mount Everest.

Meals include: Breakfast

Day 06: Tour to Everest Base Camp and drive for Gyantse

In the morning, you will visit the base camp of Everest, which is the foot of the highest mountain in the world. Besides, you enjoy the magnificent views of 3 eight-thousand peaks such as Cho Oyu, Shishpangma, and the mighty Everest,

also known as Mt. Chomolungma in Tibetan. Today, you have complete one of the main attractions of your trip and after you arrive at the base camp of Mount. Everest, you will see the beautiful Rongbook Glacier over there. You make a round trip of 16 km to the base camp of Everest. After spending some time here, you have a long, but charming drive back to Gyantse.

Meals include: Breakfast

Day 07: Sightseeing around Gyantse and drive to Lhasa via Yamdrok Tso Lake

After having breakfast, you will visit palcho Monastery, Cumbum Pagoda Stupa, Phalkot Monastery, and Gyantse Dzong, one of Tibet's best-protected areas. After the visit, you head to Lhasa. On the way, you can see massive glaciers falling on the road and spectacular mountain ranges. Soon you will meet the pass of Caro La with beautiful glaciers, including the glacier of Caro la. You cross the Khamba La pass to experience the beauty of Lake Yamadrok Tso, also known as Yamadrok Yumto, one of Tibet's three sacred lakes. You will also visit another beautiful Najin Nazin Kang Sang glacier.

Meals include: Breakfast

Day 08: Last departure

Your tour in Tibet is over today. If time permits, you can go shopping or walk at the last minute. A representative of our office will take you to the airport or train station for your next destination.

Meals include: Breakfast

The cost is includes

- ❖ All necessary Tibetan travel permits
- ❖ Pick up and drop off at the airport and the hotel
- ❖ Private vehicle as per group size
- ❖ Three-star hotel Accommodation in Tibet including breakfast
- ❖ Everest National Park entrance fee
- ❖ A trained and experienced English-speaking Tibetan guide

- ❖ Necessary entry fees for a visit to monasteries and Temple
- ❖ All government taxes and service charges

The cost is not includes

- ❖ Accommodation in Nepal
- ❖ China entry visa fees
- ❖ International air ticket
- ❖ Travel and health insurance
- ❖ Meals(Lunch and dinner) in Tibet
- ❖ Tips for driver and guide
- ❖ Nepal entry visa fee

Accommodation and meals

During the Tibet tour, you will stay in a three-star category hotel. It is also possible to upgrade to a higher rated hotel by paying additional fees. All accommodations are in a double or twin share basis.

All of your tours include a daily breakfast. Lunch and dinner are not adding as we prefer to give our customers the freedom to try the local food themselves. Meals are usually served at the hotel. We cannot guarantee special meal requests, but we will do our best to meet your specific nutritional needs for meals.

Acclimatization

At a higher altitude, you get less oxygen in the air. It takes your body a few days to get used to this less oxygenated environment. During this visit, you will spend the first four nights in Lhasa, which gives us plenty of time to acclimatize.

Therefore, it is a good idea to exercise or jog regularly, preferably a few weeks before traveling at high altitudes. We recommend that guests consult their doctor before starting their trip, especially those who suffer from known heart, lung, or blood disorders.

Best travel time

Summer (June, July, and August) and autumn (September, October, and November) and Spring (April and May) are the best seasons for this trip in Lhasa. We can also enjoy this trip in the winter months, but it can get colder.

Necessary documents

The documents below are essential and must be with you at all times.

- ❖ Minimum of six-month Valid passport
- ❖ Health and travel insurance card
- ❖ Plane or train tickets etc.
- ❖ Few passport size photos
- ❖ All necessary entry permits

Changes in travel Itinerary and cancellations

We endeavor to arrange tours as stated on itinerary but reserve the right to change the itinerary or replace activities, hotels, meals, or transportation if we deem it necessary due to any reason. We also have the right to cancel the trip any time for any reason, like unforeseen circumstances or circumstances beyond our control. In this case, we will book you again on another day. However, if we cannot book you again, we will return a full amount