

## Contact Details:

- ✓ Web: - [www.nepaltouroperators.com](http://www.nepaltouroperators.com)
- ✓ Email: - [nepaltouragency@gmail.com](mailto:nepaltouragency@gmail.com)
- ✓ Cell No: - +9779871016865 (whatsapp, viber, WeChat )

## Kailash Tour via Lhasa

Mount Kailash Tour in western Tibet is an incredible challenge. Mount Kailash is a sacred mountain in the Mansarovar Lake Basin in Tibet. Mount Kailash and holy Lake Mansarovar are two excellent tourist attractions in the western corner of the Tibetan Plateau. It takes about four days to get to Kailash's dreamland by jeep. The beautiful lake with floating swans and the magnificent Kailash Mountain is a place of honor for Hindus and Buddhists. For Hindus, Kailash is the residence of Lord Shiva. Four great rivers flow from Lake Mansarovar: the Indus, the Brahmaputra, Karnali, and the Sutlej. The main highlights of Kailash Mansarovar tour are as below

### Kailash Mansarovar Tour via Lhasa Highlights

- ❖ Exclusive tour of the historic city of Lhasa
- ❖ UNESCO heritage sites in Lhasa, including the Potala Palace
- ❖ An exotic and epic journey to Mount Kailash and Lake Mansarovar
- ❖ The cultural and religious tour offers new cultural knowledge
- ❖ Khumba and Falkhor Stupas at Giantsey
- ❖ Tashilunpu and Shalu monastery in Shigatse
- ❖ Mansarovar Lake and the sacred bath in the lake
- ❖ Three days Kailash Kora

### About Kailash Mansarovar Tour via Lhasa (Fly in Drive Out)

Mount Kailash Tour via Lhasa is one of the most sacred trips which offer beautiful landscapes of the Holy Tibet of Lhasa, fascinating cultural and natural beauty. Lhasa is the capital of Tibet and one of the most famous and beautiful Himalayan

cities in the world. Lhasa lives with ancient and historical sites, Buddhist monasteries, magnificent lakes, temples, museums, and much more.

Mount Kailash is one of the most sacred places in the world of Hinduism, the holy land of Lord Shiva. During the tour to Mt. Kailash, you can experience the mysterious view of the sacred Mansarovar Lake in the snowy mountains.

The Mount Kailash Mansarovar Tour via Lhasa begins with your arrival in Lhasa. Enjoy the cultural reception and turn on the city lights at night. Visit famous sites such as Potala Palace, Drepung Monastery, Sera Monastery, Jokhang Temple, Barkhor Market, and Norbulingka Palace, as well as the Dalai Lama Summer Palace in Lhasa city. It is an exotic trip on the beautiful Kailash Mountain leads through the highest pass of Daroma La (5635m) through the unusual state of the Himalayas.

Details itinerary

### **Day 01: Welcome in Lhasa and transfer to the hotel**

You fly directly from Nepal to Lhasa or from the mainland of China. If you choose to travel from Nepal, you will enjoy the hour-long Himalayan flight that takes you over the Mount Everest, Kanchenjunga and other Himalayan peaks and glaciers. If you go to Lhasa through mainland China, you can travel from the central Chinese cities or take the highest railway line in the world to Lhasa. When you arrive in Lhasa, one of our office representatives will take you from the airport or the train station to your hotel in Lhasa. You should rest the rest of the day to reduce altitude sickness.

### **Day 02: Full Day sightseeing tour in Lhasa, including Potala Palace, Norbulingka, etc.**

After having breakfast, you start a visit to Lhasa. Today you visit the beautiful palaces of Potala and Norbulingka. The Potala Palace, built in the 17th century, offers spectacular views of the entire city and includes the Dalai Lama's private house, several large state chambers, and chapels. Norbulingka Palace is considered the Dalai Lama's summer palace and the most extensive artificial

garden in Tibet. Then, you visit the Traditional Hospital, which is the center for the treatment, education, research, and production of Tibetan medicine.

### **Day 03: Continues sightseeing around Lhasa city**

Today, after having breakfast, you will visit Drepung Monastery, Jokhang Temple, Sera Monastery, and Barkhor Bazaar. The Drepung Monastery, built in the 14th century, is believed to have protected 10,000 monks in the past, but so far, only a few hundred have significantly decreased. The history, culture, and religious beliefs of the Tibetan people are highly concentrated in this magnificent monastery. The Serra Monastery is a preserved monastery with whitewashed walls and gilded ceilings. The Jokhang Temple is another important holy place that reveals the deepest secrets of Tibetan Buddhism. You will continue going to the Barkhor Bazaar. With the many open stalls, boutiques and travelers, it is the nerve center of Lhasa city.

### **Day 04: Driver to Lhasa to Shigatse from Lhasa: 367km, Duration 8 - 9 hours**

After having a delicious breakfast, you will take a fun trip to Shigatse from Lhasa, the second-largest city in Tibet. You will travel near Khamba La (4,794m) and enjoy a breathtaking view of Yomdrok-tso (Lake Mani), one of Tibet's sacred lakes and mountains. In the west, you reach another pass, Caro La, and enjoy a spectacular view of the majestic glaciers. Upon arrival at Gyantse, you will visit Khumba Stupa, the Falcott Monastery, and Gayatse Jong, one of the best-preserved gates in dzongs. From Gyantse, you will continue to Shigatse and enjoy the vast mountainous landscape.

### **Day 05: Drive from Shigatse to Saga: 447km, Duration 9-10 hours**

After breakfast, you head towards Saga along the Brahmaputra River. You stop for a while at Lhatse. It is one of the best Shigatse counties and enjoys the beautiful scenery.

### **Day 06: Drive to Lake Mansarovar from Saga: 370km, Duration 6-7 hours**

Today, you will drive to Mansarovar from Saga. You will enjoy the beautiful snowy peaks and the Tibetan plateau. You cross most of the Mayum La Pass River at

4600 m. Today is the day you arrive at the beautiful Mansarovar Lake. It is full of myths and legends, is located at the southern foot of Mount Kailash, and is very beautiful with snow-capped mountains in its crystal clear waters.

**Day 07: Drive to Darchen from Mansarovar: 50 km, Duration 1hour**

Today, you will take a Kora around Lake Manasarovar, a sacred route that follows the edge of Lake Manasarovar, which shows bright colors at an altitude of 4560 m. After completing the Kora, we head to Darchen at the foot of the sacred Mount Kailash.

**Day 08: 3 days Mount Kailash Kora**

Kailash Kora is an exciting three-day hike around the sacred Mount Kailash. You will circle the mountain over the next three days to appreciate its beautiful scenery, explore its historical sites, and learn about the religious importance of the hill. You drive to Tarboche and go to Diraphuk Gompa. You continue a few kilometers before climbing to a pile of stones from where the southern face of the mountain Kailash comes into view.

**Day 09: Continue Kora**

Today is the second day of your three-day Kora and the most challenging part of your journey. You continue the walk around the Mountain Kailash and Cross Dolma La Pass, the highest point in Kora. You can do a short prayer in Dolma La. Today, you also visit Gauri Kund, an essential place for Hindu pilgrims.

**Day 10: Kora ends and returns to the Saga: 495 km, Duration 7-8 hours**

You cover a distance of about 10 km and finish your Kora around the Mt. Kailash. When you complete Kora, you will go to Darchen and wait for the participants who have not yet complete the Kora. After complete Kora by all, drive from Darchen to Saga for the night.

**Day 11: Drive from Saga to Shigatse: 445 Kms, Duration 8-9 hours**

From Saga, you drive to Shigatse via Latse. Your route runs along the Tsangpo River at the top of the Brahmaputra and its tributaries. After arriving in Shigatse,

you refresh yourselves and then visit the Tashilhanpo monastery founded by the Pachen Lama in 1447.

### **Day 12: from Shigatse to Lhasa: 265 km, Duration 4-5 hours**

After breakfast, you head to Lhasa. On the way, you visit the Shalu Ashram, founded in 1040, is famous for its beautiful and ancient wall paintings. After the tour, you go to Lhasa. On the way, you arrive at Paso Caro La. Before reaching Lhasa, You cross the Khamba La Pass to taste the beauty of Yamadrok Tso (Mani Lake), one of the three largest sacred lakes in Tibet and one of the beautiful Najin Kang Song glaciers

### **Day 13: Drop to Airport or train station**

Your trip to Kailash Mansarovar via Lhasa comes to an end. A representative takes you to the airport or train station for your next destination trip.

### **The costs are included**

- ❖ Collection and delivery at Kathmandu international airport
- ❖ All hotel facility according to the Travel itinerary
- ❖ Assistance in obtaining a Tibet visa
- ❖ All necessary entry permits and fees
- ❖ Transport in a comfortable private vehicle.
- ❖ English speaking, experienced tour guides
- ❖ Porter fees during Kora time
- ❖ All necessary government taxes and service fees
- ❖ All required documents

### **Expenses not included**

- ❖ All international flights tickets
- ❖ Meals (Lunch and dinner)
- ❖ China entry visa fees
- ❖ Travel and health insurance
- ❖ Additional transport or porter costs

- ❖ Horse rent charge during Kora (around USD 200) or porter (around USD 100)
- ❖ Emergency evacuation costs
- ❖ Personal expenses, Phone calls, laundry, photography fees, internet usage
- ❖ Tips for Guides, porter, drivers, cooks, and more.

### Important note

Your safety is very important when you travel with us. Please note that your leader has the right to change or cancel part of the trip if he deems it necessary for security reasons. Every effort is made to complete the journey. However, since this adventure trip revolves around remote mountain areas, we cannot guarantee that we will not be distracted. Weather conditions, the health status of group members, unexpected natural disasters, etc. contribute to travel changes. The leader tries to go according to the plan to the route but is ready to feel comfortable if necessary.

We provide three types of accommodation during the trip to Kailash. You will stay at 4-star hotels in Kathmandu, three or 4-star hotels in Tibetan cities, including Lhasa, and clean, comfortable standard tea houses during Kora. All accommodations along the trip are on twin sharing. The particular room will be available upon request for an additional fee. However, the individual addition may not always be possible, especially in higher altitudes above Mansarovar.

During your trip to Mount Kailash and Mansarovar, you can enjoy Nepalese food in Kathmandu and Tibetan food in Tibet as well as famous international cuisine (Italian, Continental, Indian, etc.). We provide only breakfast during your trip to Mansarovar, but after that, lunch and dinner also include. Our chef, who will accompany you on the way, will prepare delicious and hygienic meals for you during the rest of the trip. Breakfast is served every morning at the hotel, and dinner can buy at the hotel or on the menu at the lodge where you will spend the night. You will have your lunch on the way to your next destination.

### **Tour Managers and other staff arrangements**

During the trip to Nepal part, you are under the guide of Nepal, and the guide of Tibet is your guide in Tibet. Such provision ensures that your guide has in-depth knowledge of the respective specialized area. During the trip to Nepal and Tibet, porters and horses or yaks are responsible for carrying your luggage.

### **Travel insurance**

Travel insurance for each itinerary of our company is a prerequisite for booking vacations. At a minimum, you must have emergency and repatriation insurance that must include the cost of the mountain rescue. Carefully review the terms and conditions of your insurers. You should understand that you will bear the value of the evacuation and return procedures, and that is your responsibility to pay for the evacuation or medical treatment. You must be fully aware of the effects of travel insurance and understand the limitations and exclusions of your policy. Please note that in certain circumstances, our company guide may initiate helicopter rescue operations (or other necessary operations) in medical emergencies without first seeking approval from your insurance company.

### **Acclimatization**

Being at an altitude can be a challenge for some. All of our trips are planned with a high level of awareness about AMS (acute mountain sickness). Going up too fast can seriously need medical conditions. We understand that for a safe walk, it is necessary to leave enough time for acclimatization. Therefore, a sensible plan is required to reduce the risk of AMS. However, be aware that some visitors are more vulnerable than others.

### **Physical condition and experience requirements**

The trip lasts a few days at high altitude; some time needs a few more hours. The hike is not challenging. However, being at an elevation can be challenging. Therefore, it is highly recommended to stay physically healthy. We recommend that you consult your doctor and take the necessary advice and take medications to travel to extreme heights before going on vacation.

### **Important information about the Tibet tour**

Above all, all travelers traveling in Tibet are asked to point out that Tibet is isolated from the impressive mountains of the Himalayas, remains one of the most fascinating but least developed parts of the world. Although the tourist facilities are updated, they remain simple and limited in scope. Therefore, visitors are asked not to have high expectations of the facilities in Tibet. However, we will do our best to make your trip as pleasant as possible.

The road between Tibet and Nepal is not up to date either; it is rough, bumpy, and winding. Especially during the monsoons (June-August), it can be temporarily hampered by landslides and erosion. Therefore, some sportswear and sports shoes are highly recommended to make it easier for travelers to walk on the landslides.

#### **Reservation and visa procedures:**

You should contact us at least two weeks before with a fixed reservation with full payment along with full passport details. We organize the China / Tibet visa from Kathmandu. The visa procedure takes three full working days if you are available in Kathmandu.

#### **Cancellation:**

Fifty percent of the tour cost will be charged as a cancellation fee if you cancel the tour within seven days before the start of the journey. After that, there is no refund in any reason such as no show, late arrival or any other

#### **Risk Liability**

We will always do our best to make your trip pleasant and enjoyable. However, since all tours through Tibet are carried out exclusively by the Tibet Tourism Authority or its representatives, you are not responsible for changes or cancellations of programs due to unavoidable circumstances such as road closures, floods, snow, riots, Flight cancellations, late arrival, etc. In the event of illness or accident, the customer bears all additional costs. It is, therefore, advisable that customers have full insurance against the risk of medical and



personal disasters. Cancellation insurance is also the most recommended in your country of origin.